Hemostasis and Thrombosis Center



General Information

Welcome to the HTC!

HTC stands for Hemostasis and Thrombosis Center. The HTC evaluates and treats patients for bleeding and clotting disorders. As we continue your evaluation for a possible bleeding disorder, please see below for answers to some questions you may have.

When should I call my health care provider?

Call your **hematology** health care provider **right away** at (323) 361-4624:

- ✓ If having a surgery, dental procedure, or any other procedure
- ✓ Bleeding that cannot be stopped
- ✓ Blood in vomit, bowel movement (poop), or urine (pee)
- ✓ A serious fall or hit to the head/stomach
- ✓ Signs of anemia (low amount of red blood cells in the blood) such as dizziness, fatigue, headache, weakness, fast heart rate, looking pale

Call your **adolescent medicine** health care provider **right away** at (323) 361-2153:

- ✓ If having periods that last longer than 7 days
- ✓ If needing to change your product (pad and/or tampon) more than every 2 hours
- ✓ If taking oral hormone medications

If you have trouble reaching someone in the office, please call the CHLA main hospital line at (323) 660-2450. Ask for the hematology or adolescent medicine team on-call.

How do I make an appointment at the HTC?

Call our HTC appointment line: (323) 361-4624 to make an appointment. Our regular office hours are Monday – Friday from 9 a.m. to 5 p.m.

Who do I call if it's after office hours, a weekend, or a holiday?

- If you have an emergency, dial 911 and then call your hematologist.
- Staff is on-call after hours on weekdays, weekends, and holidays. If you need to reach us after hours, please call (323) 660-2450. Let the operator know that you would like to speak with the hematologist on-call.

Always call us if you are unsure about your symptoms or if you have any questions.

Labs & Tests

You might have to get some labs drawn before your appointment at the HTC.

Go to Anderson Lab inside CHLA for your blood work. No appointment is necessary, but your test may require insurance authorization first. Before your appointment, call Hematology at (323) 361-4624 and ask for help from the Financial Counselor.

Lab Test	Additional Information
Complete Blood Count (CBC)	Can eat and drink before lab test
Iron profile, Ferritin	Can eat and drink before lab test
PT/PTT	Can eat and drink before lab test
Factor levels	Can eat and drink before lab test
Von Willebrand Disease panel	 Can eat and drink before lab test Best when timed during your period or while taking placebo (sugar) pills
Platelet Aggregation Test	 Can eat and drink before lab test Must be scheduled with CHLA lab. Please wait for their call with instructions No aspirin or NSAID medications (ibuprofen/Motrin/Advil) for two weeks before testing
Other Rare Tests	 Can eat and drink before lab test Must be scheduled with CHLA lab. Please wait for their call with instructions