



TRANSITION MILESTONES (AGES 12-22)

WHAT IS TRANSITION?

There are many types of transitions for the person with a bleeding disorder. These include acceptance of the bleeding disorder, self-care, progressing through school, vocational/career planning, moving to an adult center, starting a family, middle age and retirement. Transitioning is a team effort and it includes the patient, parents and staff.

Transition Guidelines for People with Bleeding Disorders. (2018, September 10). Retrieved October 06, 2020, from <https://www.hemophilia.org/Researchers-Healthcare-Providers/Medical-and-Scientific-Advisory-Council-MASAC/MASAC-Recommendations/Transition-Guidelines-for-People-with-Bleeding-Disorders>

WHY IS TRANSITION IMPORTANT?

The goal is to proceed through each phase, ensuring that recommendations for each developmental milestone are met.

TRANSITION PLAN

AGES 14-16

- **KNOW WHAT FACTOR THEY USE AND WHAT THEIR DOSES ARE**
- **UNDERSTAND LOGGING OPTIONS (I.E. MICROHEALTH)**
- **KNOW THE DIFFERENCE BETWEEN BLEED RELATED TO TRAUMA OR SPONTANEOUS**
- **KNOW THE NUMBER OF DOSES IT TOOK TO TREAT A BLEED**
- **UNDERSTAND THE IMPORTANCE OF LOGGING BLEEDS AND BE LOGGING BLEEDS ON THEIR OWN**
- **BEGIN TO CALL TO ORDER FACTOR & SUPPLIES OR CALL TO ORDER FACTOR & SUPPLIES WITH CAREGIVER**
- **UNDERSTAND THE IMPORTANCE OF CALLING PRIOR TO PROCEDURES**
- **UNDERSTAND THE IMPORTANCE OF THE 24 HOUR ON-CALL SERVICE**
- **UNDERSTAND THE BENEFITS OF RICE (REST, ICE, COMPRESSION, ELEVATION)**